January 2012—Globe Active Adult Center Menu—928.425.9030

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2 Closed for New Year's Day	3 NEW YEAR'S DAY MEAL Ham and Cheese Omelet Oven Roasted Potatoes Sliced Tomatoes Toast Mixed Fruit Cup Peachy Bran Muffin	4 Herb Baked Chicken Sweet Potato Casserole Ranch Beans Rice Pilaf Wheat Bread Apricots	5 Roast Pork Slices Mashed Potatoes Cauliflower/Broccoli Blend Wheat Roll Bread Pudding with Orange Sauce Mandarin Oranges	6 Home-style Chicken and Rice Peas Spinach Salad with Tomato Wheat Roll Peach Slices
9 Enchilada Pie Refried Beans Marinated Tomato Salad Butterscotch Square Mandarin Oranges Salsa	10 Albondigas Soup Corn and black Bean Salad Peas and Carrots Spanish Rice Tortilla Pears	11 BBQ Pork on a Bun German Potato Salad Broccoli Slaw Peaches Pickle	12 Finger Lickin' Baked Chicken Roasted Potatoes Peas and Carrots Wheat Roll Tropical Fruit	13 Turkey a la King over Biscuit Seasoned Spinach Carrot Coins Peach Crisp
16 Closed for Martin Luther King Jr. Day	17 Chicken Parmesan Zucchini Sliced Carrots Penne Pasta Garlic Bread Banana	18 Boneless Pork Chop Cauliflower Ranch Style Beans Wheat Roll Plums	19 Meat Loaf Mashed Potatoes Green Beans Wheat Bread Mandarin Oranges	20 Cajun Style Catfish Brussel Sprouts Mixed Vegetables Corn Bread Peaches
23 Roast Beef Mashed Potatoes Carrot Coins Wheat Roll Apple Crisp	24 Spinach Lasagna Garden Salad with Tomato Peas and Carrots Bread Stick Peaches	25 Mom's Chicken and Noodles Peas Squash Wheat Roll Mixed Fruit	26 Tortilla Soup Grilled Cheese Sandwich Veggie Coins Banana Strawberry Cup Chocolate Pudding	27 Macaroni and Cheese Italian Mixed Vegetables Beets Wheat Roll Applesauce
30 Red Chile Chicken Broccoli Carrots Wild Rice Tortilla Ambrosia	31 Beef Slices with Gravy Mashed Potatoes Monte Carlo Blend Wheat Roll Pineapple Upside Down Cake	January 2012 Birthstone: Garnet Flower: Carnation	Lunches for those -60 are \$5. Please make your reservations in advance! Funding is provided by OOA, DES, Pinal-Gila Council for Seniors and the City of Globe.	Suggested contribution for the meal is \$2.50 for those 60+. Registration is required. GAAC does not discriminate regardless of race, color, national origin, sex, age or disability.